

1. You have just been appointed as coach to a state team, and one of your initial tasks is to recruit your support personnel. Outline the qualities you would look for when selecting personnel for the Team Manager and First Aid Officer positions.

Team manager:

Physio:

2. Why is it important for coaches to establish good relationships with influencing personnel such as selectors, boards, officials and the media?
3. How can good communication between athletes, coaches and support personnel be established?
4. How can the coach involve athletes in individual and squad planning processes?
5. Your club is about to begin developing a new policy regarding athlete behaviour and alcohol consumption. As a coach, what role could you take in this process?
6. You are coaching a team of athletes, and you also play a role as a selector (in conjunction with a panel of 2 other selectors). What strategies could you put in place to make the selection process a positive and transparent one for the athletes?
7. How can conflicts within a team be resolved?
8. What strategies can be used to improve time management for athletes and coaches?
9. What are the key tasks when preparing to travel away to a weekend competition?
10. You have travelled interstate to a competition with a group of underage athletes. On the first night away, you overhear several of the senior athletes planning a night out on the town, without permission from the coaching and management staff. How should the coach handle this situation?