

JOB DESCRIPTION

Job Title:	Strength and Conditioning Coach, Australian Volleyball Academy
Reports to:	AVA Program Director
Contract Length:	Part-Time (20 hours per week) contract to 30 June 2023
Remuneration:	Package to be negotiated commensurate with experience
Location:	Australian Institute of Sport, Canberra
The Organisation	<p>Volleyball Australia (VA) is the peak body for the administration of the sport of Volleyball in Australia. VA's Mission is to lead, partner and support the growth in participation, performance and profile of the sport in Australia.</p> <p>The Australian Volleyball Academy, VA's elite development program based at the Australian Institute of Sport in Canberra supports all the daily training requirements of developmental athletes in a high performance environment aimed at developing athletes capable of future international success in both beach and indoor disciplines.</p>
Job Purpose	Lead the planning and delivery of strength and conditioning programs for AVA athletes and other national program athletes in collaboration with AVA Coaches, Sports Science and Medicine staff and other relevant providers.
Job Responsibilities	<ol style="list-style-type: none"> 1. Deliver specified strength and conditioning sessions for the AVA athletes. 2. As part of the AVA Coaching team, work with AVA Coaches, Sports Science and Medicine staff and other relevant providers to the plan and deliver strength and conditioning programs for AVA athletes. 3. Manage other coaches and interns to effectively assist with program activities/delivery along with ensuring their involvement meets specific education/vocational training needs. 4. Contribute to weekly AVA Service Team meeting. 5. Contribute to effective communication to athletes, coaches and other key stakeholders to ensure effective operation of the program
Qualifications and Experience	<p>Essential</p> <ul style="list-style-type: none"> • Must hold a current ASCA Level 2 accreditation (PCAS). • Demonstrated experience in program design and implementation for development level athletes. • Experience working in a high performance environment • ACT Working with Vulnerable People accreditation • Current First Aid certification <p>Desirable</p> <ul style="list-style-type: none"> • Achievement of demonstrated success in high performance Volleyball (Beach and/or Indoor) at National and / or International level. • Knowledge of Volleyball high performance systems.

	<p>Qualifications</p> <ul style="list-style-type: none"> • Tertiary qualification in relevant field (human movement, sports science, physiology, etc) • Australian Strength & Conditioning Association Level 2 Accreditation
<p>High Performance Behaviours</p>	<p>Team Work</p> <ul style="list-style-type: none"> • Actively participates as a member of a team to move the team toward completion of goals. • Makes suggestions for achieving team goals. • Contributes to team decisions and values and uses individual differences and talents. • Shares important and relevant information with the team. • Contribute to a culture of partnership and collaboration within Australian Volleyball to produce long term, sustainable outcomes <p>Passion for Excellence</p> <ul style="list-style-type: none"> • Strong desire to excel at whatever task is at hand, seeking to achieve world class levels of professionalism, technical delivery and quality standards. • Actively accommodates and implements change initiatives. • Identifies opportunities for improvement and constructively challenges traditional assumptions and methods. <p>Coaching</p> <ul style="list-style-type: none"> • Provides timely guidance and feedback to help others strengthen specific knowledge or skill areas needed to accomplish a task or solve a problem. • Clarifies the current situation, expected behaviours, knowledge and level of proficiency. • Explains and demonstrates by providing instruction, positive models and opportunities for observation to help others develop skills. • Provides timely and appropriate feedback on performance and reinforcement of effort and progress. • Establishes good interpersonal relationships; makes people feel valued, appreciated and included. <p>Communication</p> <ul style="list-style-type: none"> • Clearly conveys information and ideas through a variety of media to individuals and groups that engages and helps them to understand and retain the message. • Organises the communication and works to maintain engagement and attention. • Adjusts the communication in line with expectations of both individuals and groups • Checks understanding and acceptance. • Attends to communications from others, interpreting correctly and responding appropriately. <p>Work Standards</p> <ul style="list-style-type: none"> • Promotes and role models the VA values of inclusivity, equity, respect, pride, integrity and commitment and contribute to positive organisational culture and continuous improvement. • Sets high standards of performance for self and others; assuming responsibility and accountability for successfully completing tasks. • Sets standards for excellence and ensures high quality. • Takes responsibility and encourages others to take responsibility.

High Performance Skills	<ul style="list-style-type: none">• Demonstrates great judgement and creative approaches to challenge traditional technical and training assumptions and in providing solutions.• Ability to accurately analyse and translate performance data into meaningful program opportunities and to generate new ideas.• Conveys an image that is consistent with the organisation's values• Effective oral and written communication skills.
Working Conditions	<ul style="list-style-type: none">• Comply with all policies set down by Volleyball Australia and ensure that they are implemented as appropriate.